

OSCE

Candidate information

You have been asked to see Kyla, a 13 year old female who has been referred by her GP with vaginal discharge. Kyla has a GP letter which states he tested her urine, which showed a mild leucocyte elevation, no nitrates, and no bacterial growth. PCR testing of the urine was positive for Chlamydia.

Kyla is haemodynamically stable, afebrile, and has no other symptoms than vaginal discharge and mild vaginal discomfort.

Domain	%
Medical expertise	50
Prioritisation and decision making	
Communication	30
Teamwork and collaboration	
Leadership and management	
Health advocacy	
Scholarship and teaching	
Professionalism	20

Actor (Kyla, patient) information

You are a 13 year old girl who has been sent in by her GP for review of vaginal discharge. Your GP tested your urine and told you it showed a possible UTI and Chlamydia. You are unsure why he sent you in for review. You have no significant symptoms except mild vaginal discharge and discomfort. You have no symptoms of a UTI.

The doctor should take a brief menstrual history:

- Menses started age 11
- Usually has regular cycle
- Uses pads, not tampons/cup
- Currently late for menses by 6 days
- Mild pain with periods but no significant symptoms with it
- Not on OCP or contraception

Of note, you are sexually active with your boyfriend of 3 months, a 20 year old man you met online. You are also pregnant but are unaware of this due to the lack of symptoms. Your GP did not do a pregnancy test as he did not realise you were sexually active.

Prompts:

- Why is my period late? Is it because of the Chlamydia?
- Will the Chlamydia cause any long-term problems?
- How did I get chlamydia?

Marking:

	Mark
Identifies need for mandatory reporting (below age of consent)	2
Identifies need for STI and pregnancy screening	2
Appropriate treatment for Chlamydia	1
Takes history to exclude UTI/other causes vaginal discharge	1
Takes thorough menstrual history and identifies late period/pregnancy risk	2
Advises of possible sequelae of chlamydia – ectopics, infertility – if untreated	1
Manner to patient – supportive, non-judgemental	1